

Ballwin Parks & Recreation Guide

Fall/Winter 2016



Ballwin Parks and Recreation

The Pointe at Ballwin Commons

#1 Ballwin Commons Circle
Ballwin, MO 63021
636-227-8950

Mon-Fri 5:15 am-10 pm
Sat 7 am-8 pm
Sun 8 am-6 pm

Ballwin Golf Course and Club

333 Holloway Road
Ballwin, MO 63011
636-227-1750 (Pro Shop)
636-207-2355 (Banquet Center)

Weekdays 6:30 am-sunset
Weekends 6 am-sunset
Please check our website for
hours as they change monthly.

North Pointe Aquatic Center

335 Holloway Road
Ballwin, MO 63011
636-227-2981

August 15-September 5, 2016
Sat, Sun and Labor Day
11:30 am-7:30 pm

The Pointe **4**

Fitness **6**

Race Series **8**

Youth Events **10**

Adult Events **11**

Youth Sports **12**

Adult Sports **13**

Golf Course **14**

Indoor Pool **16**

Swim Lessons **17**

Ballwin Community **18**

Family Events **19**



Ballwin Parks and Recreation
The Pointe at Ballwin Commons
Ballwin Golf Course and Club



@BallwinParksRec



BallwinParksandRecreation

www.ballwin.mo.us



Our Department

Ballwin Parks and Recreation is very excited about the upcoming season. We have numerous programs, family events and sports leagues planned for you. This magazine serves as your guide for all things Ballwin Parks and Recreation. Within these pages, you

Linda Bruer	Director of Parks and Recreation
Hedy Boone	Deputy Director of Recreation
John Hoffman	Deputy Director of Parks
James Boyd	Recreation Manager
Gayle Junge	Recreation Manager
Adam Peper	Aquatics Manager
Matt Struempf	Fitness Manager
Emily Chamberlin	Aquatics Specialist
Dan Eastham	Recreation Specialist
Kirsten Hochstetler	Communication Specialist
Dave Furlong	PGA Professional
Terri Johnson	Coordinator of Inclusive Rec

will find information about memberships to The Pointe at Ballwin Commons, Ballwin golf tournaments, and numerous special events. As a staff we value healthy lifestyles, integrity, innovation, environmental consciousness and those we serve. We can't wait to meet you as we enjoy Ballwin together this fall.

lbruer@ballwin.mo.us	636-227-2743
hboone@ballwin.mo.us	636-227-2874
jhoffman@ballwin.mo.us	636-227-2423
jboyd@ballwin.mo.us	636-207-2352
gjunge@ballwin.mo.us	636-207-2353
apeper@ballwin.mo.us	636-207-2327
mstruempf@ballwin.mo.us	636-207-2304
echamberlin@ballwin.mo.us	636-207-2328
deastham@ballwin.mo.us	636-207-2357
khochstetler@ballwin.mo.us	636-207-2359
dfurlong@ballwin.mo.us	636-227-2532
tjohnson@desperesmo.org	314-835-6157

Mission STATEMENT

Our department creates opportunities for our community to discover and grow by bringing people together in a healthy and enjoyable environment.

In the know...

Parks and Recreation Newsletter

Never miss an upcoming event again by signing up for the Ballwin Parks and Recreation newsletter. We'll send great ideas for you and the entire family. Sign up at www.ballwin.mo.us.

Rained Out

Instructors get sick, bad weather can delay events, and equipment can fail; but Rained Out will inform you about canceled events and changed plans by sending a text or email directly to you. You can sign up for a specific category like Fitness Classes or Summer Camps or register for all of them. Search Ballwin Parks and Recreation on rainedout.com, or text the keyword to 84483. A few of our many categories include:

Category	Keyword
Group Fitness	FITNESS
Water Aerobics	WATER1
Swim Lessons Tues/Thurs	SWIM1
Swim Lessons Sat	SWIM2
Healthy Walkers	WALKING
Spinning	SPINNING
The Pointe	POINTE
Pickleball	POINTEPICKLE



Saturday, Sept 10

4-7 pm
 Vlasik Park
 \$30 per ticket
 Over 20 brewers
 Live Entertainment
 Food Vendors
 Unlimited sampling
 See more on page 11

The Pointe at Ballwin Commons

Open House

Ages: All

Sat, Sept 24 7 am-8 pm
Sat, Jan 7 7 am-8 pm

VIP/Reg Free

The Pointe
62700-04
62700-05

Try The Pointe for free! Complimentary use of fitness facilities including indoor track, strength and cardio equipment, gymnasium, indoor pool, kids activity center, and a variety of classes to try including Spinning, yoga, and water aerobics. The Health and Wellness Fair will be held in the gym from 9-12 pm on September 24.

Why Resident ID Cards?

New \$5 Renewal \$1

If you've used our facilities before you are likely familiar with the concept of Resident ID cards. However, many people still have questions about the process, so we've taken the time to explain it a little further.

The City of Ballwin charges admission and user fees to help cover the cost of operating facilities and providing recreation services. Because Ballwin residents pay a tax on their utility bills to the city, residents are entitled to pay a reduced user fee. In order to be identified as a resident when using a Ballwin facility, a resident ID card must be purchased at The Pointe at Ballwin Commons or the North Pointe Aquatic Center for residents three years of age and older. The cost of a card is \$5 with an annual renewal fee of \$1.

To prove residency, residents must produce an unpaid gas, electric, water or sewer bill. If an unpaid bill is not available, the city will accept a paid utility stub along with a recent bank statement showing the mailing address or an occupancy permit issued by the city within the last six months. Why not a simple driver's license as proof? Drivers' licenses are valid for three to six years and to insure only residents can take advantage of the lower rates, the residency must be validated each year. In addition, many streets in our area identified on a driver's license as Ballwin, may be referring to the "greater" Ballwin area (referring to the postal zones) including parts of Manchester, Ellisville, and unincorporated St. Louis County not just the incorporated City of Ballwin. To insure user fees for residents stay as low as they are, it is important that the city offer the discounted rate to residents of Ballwin only.

You can determine if you are truly a Ballwin resident and eligible for the discount card, by simply checking your utility bill. Under your payment amount is a tax code; if it reads "Ballwin Municipal Charge" you are a resident of Ballwin paying a utility tax to the city. Check out the city's actual boundary lines by visiting our website at www.ballwin.mo.us and viewing the map in the document center.

Renting The Pointe

There's no better place for a birthday or anniversary party, school function or sports practice than The Pointe! Please remember The Pointe is an alcohol and smoke free facility and rental times include set up and take down.

Birthday Package A

VIP \$120 Reg \$150

Includes decorated themed cake, 3 pizzas, 3 two liter sodas, 8 paper place settings, one hour in party room, and daily admission for 8 children and 2 adult chaperones.

Birthday Package B

VIP \$190 Reg \$220

Includes decorated themed cake, 6 pizzas, 4 two liter sodas, 16 paper place settings, one hour in party room, and daily admission for 16 children and 4 adult chaperones.

Birthday Package C

VIP \$280 Reg \$310

Includes decorated themed cake, 9 pizzas, 4 two liter sodas, 30 paper place settings, one hour in party room, and daily admission for 30 children and 6 adult chaperones.

Half Meeting Room

VIP \$30 Reg \$50/hr

Accommodating approximately 45 people this meeting room size is perfect for showers, parties or other small gatherings. A minimum of two hours is required to reserve the room.

Full Meeting Room

VIP \$45 Reg \$80/hr

Accommodating approximately 100 people this size is perfect for anniversary parties, family reunions or other large functions. A minimum of two hours is required to reserve the room.

The PAC

VIP \$20 Reg \$30/hr

The Pointe Activity Center is full of games for kids including two Wii systems, a climbing wall, foosball and more.

Half Gymnasium

VIP \$50 Reg \$90/hr

Perfect for youth sports or a fun group activity. Renting the gym is not available on the weekends.

Full Gymnasium

VIP \$100 Reg \$180/hr

Have a larger group? Our double gymnasium is sure to meet your needs. Renting the gym is not available on the weekends.

Pointe Indoor Pool

Various Pricing

Minimum of two hours and a refundable deposit of \$300.

1-100 guests	VIP \$140/hr	Reg \$200/hr
101-150	VIP \$200/hr	Reg \$260/hr
151-200	VIP \$220/hr	Reg \$320/hr
201-300	VIP \$320/hr	Reg \$470/hr



Hours of Operation

Monday-Friday	5:15 am-10:00 pm
Saturday	7:00 am-8:00 pm
Sunday	8:00 am-6:00 pm

Holiday Hours

September 5, Labor Day	5:15 am-1:00 pm
November 24, Thanksgiving	Closed
December 24, Christmas Eve	7:00 am-3 pm
December 25, Christmas	Closed
New Years Eve	7:00 am-3 pm
New Years Day	8:00 am-6 pm

Babysitting Room Hours

Monday-Friday	8:30 am-12 pm
Monday-Thursday	5-8:15 pm
Saturday	8 am-12 pm

Memberships

Residents

	Pointe	Pointe Debit	North Pointe	Pointe Plus	Pointe Plus Debit (20% down)
Youth 3-18	\$180	\$17.00	\$85	\$220	\$48.80 + \$16.27=\$65.07
Adult 19-61	\$330	\$29.50	\$110	\$380	\$80.80 + \$26.93=\$107.73
Senior 62 +	\$180	\$17.00	\$85	\$220	\$48.80 + \$16.27=\$65.07
Senior Couple	\$240	\$22.00	\$135	\$300	\$64.80 + \$21.60=\$86.40
Single +1	\$430	\$38.00	\$180	\$560	\$116.80 + \$38.93=\$155.73
Family	\$480	\$42.00	\$210	\$625	\$129.80 + \$43.27=\$173.07

Non-residents

	Pointe	Pointe Debit	North Pointe	Pointe Plus	Pointe Plus Debit (20% down)
Youth 3-18	\$300	\$27.00	\$135	\$355	\$75.80 + \$25.27=\$101.07
Adult 19-61	\$525	\$45.75	\$190	\$570	\$118.80 + \$39.60=\$158.40
Senior 62 +	\$330	\$29.50	\$135	\$381	\$81.00 + \$27.00=\$108.00
Senior Couple	\$440	\$38.67	\$205	\$520	\$108.80 + \$36.27=\$145.07
Single +1	\$675	\$58.00	\$300	\$735	\$151.80 + \$50.60=\$202.40
Family	\$750	\$64.50	\$320	\$815	\$167.80 + \$55.93=\$223.73

Babysitting (Only available with Pointe Membership)

Monthly	6 Month	Annual
\$19.95	\$119.70	\$215.46

Unlimited Class Pass (Only available with Pointe Membership)

Monthly	Annual
\$19.99	\$216

Pointe Plus membership - This combination membership is for unlimited use at The Pointe and North Pointe Aquatic Center. In addition, all Pointe Plus members receive **resident rates** on golf greens fees. It can be paid as an annual membership or a 20% down payment with the first month's payment, followed by 11 monthly debits. **This membership must be renewed annually.**

Pointe Debit membership - The City of Ballwin will automatically debit either your checking account, Discover, Mastercard or Visa credit card. It must be from one or the other, members cannot alternate billing. The first month's payment and a \$20 activation fee is due at time of enrollment. There is a minimum of two automatic payments with the debit program.

VIP pricing is given to Ballwin residents with a current resident ID card and Pointe or Pointe Plus members.

Regular pricing is given to anyone without a membership or valid ID card.

Daily Fees

	Res	Non Res
Youth 3-18	\$4	\$7
Adult 19-61	\$5	\$7
Senior 62 +	\$4	\$7
Babysitting*	\$4	\$4

**Maximum of two hours*

20 Visit Swipe Cards

	Res	Non Res
Youth 3-18	\$70	\$120
Adult 19-61	\$90	\$120
Senior 62 +	\$70	\$120
Military	\$35	\$45
Water Aerobics	\$70	\$90

Call 636-227-8950 for more information.

Fitness at The Pointe

Basic Training

Ages: 14 and up Mon-Thurs The Pointe
 Sept 19-Oct 27 5:45-6:45 am 63412-01
 Nov 7-Dec 15* 5:45-6:45 am 63412-02
 Jan 9-Feb 16 5:45-6:45 am 63412-03
 Feb 20-March 30 5:45-6:45 am 63412-04

There are no 'at ease' moments in this six week, 24-session, boot-camp style class. Each class features 25-40 minutes of calisthenics followed by a class run. Open to all fitness levels, this class is sure to get your day kick-started.

*No Class: 11/24

SilverSneakers Class

Ages: 55 and up Wed and Fri The Pointe
 Aug 17-March 31 9-10 am 63101-01

You are not required to be a SilverSneakers member to attend these bi-weekly classes. There is no need to preregister and classes are included in your membership or daily admission.

VIP \$129 Reg \$149

Fitness Assessment

Ages: 14 and up By Appointment The Pointe

Fitness assessments are useful for anyone interested in their fitness level. Body fat analysis, body measurements, BMI, blood pressure, flexibility and a submaximal VO2 test are all part of this assessment. Contact The Pointe's Fitness Manager Matt Struempf for more information.

VIP \$20 Reg \$30

Health and Wellness Day

Ages: All The Pointe
 Sat, Sept 24 9 am-12 pm 63710-01

VIP/Reg Free

Attendance is free! Check out products and services that local vendors have to offer. The fair will take place in the gymnasium and is open to the public. Vendor tables are available for \$25 each. Contact Fitness Manager Matt Struempf at 636-227-8950 if you would like to be a participating vendor.

Specialized Group Fitness Classes

Spinning®, Pilates, TRX and Yoga schedule

Use a 20 visit swipe, drop in for \$7/class or use your class pass!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		5:45 - 6:30 am Spinning® Wendy			5:45 - 6:30 am Spinning® Jen	
8:15 - 9 am Spinning® Alternate Instructors			8 - 8:45 am TRX Georgette			8:15 - 9 am Spinning® Joan
	10:30 - 11:15 am Chair Yoga Kathy					
		11 - 11:45 am 50+ Spinning® Claudia		11 - 11:45 am 50+ Spinning® Claudia		11 - 11:45 am 50+ Spinning® Claudia
	5:30 - 6:15 pm TRX Georgette		5:30 - 6:15 pm Pilates Beckie			
	6:15 - 7 pm Spinning® for Beginners Lucy	6:15 - 7 pm Spinning® Robin	6:15 - 7 pm Spinning® Joan	6:15 - 7 pm Spinning® Robin		
	7:40 - 8:40 pm Yoga Kathy			6:30-7:30 p.m. Yoga Kathy		

Group Class Schedule

All group classes are included with daily admission and FREE with membership to The Pointe at Ballwin Commons.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:00 - 9:00 a.m. Step Cardio Mimi		8:00 - 8:20 a.m. Tenacious "20" Joan		8:00-8:45 a.m. Body Sculpt Mimi
8:15 - 9:15 a.m. PiYo Georgette	8:00 - 9:00 a.m. 50+ and Fit Kelly		9:00 - 10:00 a.m. Classic Silver Sneakers Doug	8:30 - 8:50 a.m. Tenacious "20" Joan	9:00 - 10:00 a.m. Classic Silver Sneakers Kelly	8:45- 9:30 a.m. Step Cardio Mimi
	9:15 - 10:15 a.m. Bootcamp Georgette	9:15 - 10:15 a.m. Body Sculpt Sue	9:15 - 10:15 a.m. PiYo Georgette	9:15 - 10:15 a.m. Body Sculpt Georgette	9:15 - 10:15 a.m. Step Cardio Mimi	10:15-11:15 a.m. Boot Camp Georgette
	11:00 - 11:45 a.m. 50+ and Fit Debbie		11:00 - Noon 50+ and Fit Mimi or Kelly	10:30 -11:25 a.m. Zumba Georgette	11:00 - Noon 50+ and Fit Kelly/Debbie	11:15-Noon Zumba Georgette
	11:50–12:35 p.m. 50+ and Fit Debbie	11:00 - Noon Fit 4 All Susan				
	12:40 - 1:00 p.m. Afternoon Abs Matt		12:40 - 1:00 p.m. Afternoon Abs Matt	11:30 -12:25 Zumba Gold Susan		
		5:30 -6:25 p.m. Zumba Georgette		5:30 - 6:25 p.m. Pi-Yo Georgette	5:30 - 6:15 p.m. Intense "45" Pete	
	6:15 - 7:15 p.m. Fitball Georgette	6:30 - 7:30 p.m. Insane Intervals Pete	6:30 - 7:30 p.m. Total Conditioning Debbie			
		7:40–8:25 p.m. Intense "45" Pete				

Class Pass Info

Do you love The Pointe’s fitness classes? For only \$19.99 a month members can attend an unlimited number of Specialized Group Fitness Classes. This is a great option for those who frequent The Pointe’s classes each month and want the flexibility of trying new classes. If you burn through your 20 visit card quickly, give the class pass a try!

Personal Training Trial

Ages: 11 and up By Appointment

VIP/Reg Free

The Pointe

If you have a current Pointe membership, you are entitled to a FREE 30 minute, one-on-one personal training consultation. There is a limit of one per year for each family member eleven years and older. Ask the front desk for more information today!



Like The Pointe at Ballwin Commons to keep up with all our events and announcements.

Personal Training Rates

Personal Training is a great way to set concrete goals and keep you on track toward reaching them. Choose the trainer that best fits your needs and then tackle your goals with someone to push you along the way.

1 Hour Sessions:	VIP	Reg
1 Session	\$60	\$70
5 Sessions	\$275	\$315
10 Sessions	\$480	\$560
20 Sessions	\$840	\$980

30 Minute Session:		
1 Session	\$35	\$40
5 Sessions	\$160	\$180
10 Sessions	\$280	\$320
20 Sessions	\$500	\$550

1 Hour Group Sessions (4-6 people)		
5 Sessions	\$325*	\$375
10 Sessions	\$520*	\$600
20 Sessions	\$900*	\$1050

* At least one participant must have VIP status to receive the VIP rates for group sessions.

Ballwin Race Series

Kids Triathlon

Ages: 5-12
Sun, Sept 18

8 am

VIP/Reg \$25

The Pointe
66706-01

Tri-athlete kids get ready for the 9th Annual Ballwin Kids Triathlon! Competitors will swim at The Pointe's indoor pool and complete a biking and running course outside. Distances and start times vary by age group. Visit www.ballwin.mo.us for complete race information.

Zombie Chase

Ages: 8 and up
Sat, Oct 8

9 am

VIP/Reg \$30

Castlewood Park
66709-01

Participants must complete the route while avoiding being caught by zombies! Each participant is given a lifeline (flag football flag) and should that life be taken by a zombie, a time penalty will be assessed. The route will be approximately 3-4 miles.

Moonlight Howl 5K

Ages: 7 and up
Fri, Nov 4

9 pm

VIP/Reg \$30

The Wolf Café
66707-01

Come howl at the moon with us for the 2016 Midnight Howl 5K Run/Walk. The 5K run begins at 9 pm at The Wolf Café on Clayton Road. Online and preregistration closes November 3 at noon. Race day registration begins at 7 pm at the Wolf Café.

Upside Down Indoor Triathlon

Ages: 8 and up

Sat/Sun, Jan 21 or 22

7 am-2 pm

VIP/Reg \$25

The Pointe
66309-01

Looking for a unique challenge? Each participant will complete a 15 minute treadmill run, 15 minute Spinner bike, and 10 minute swim in that order. Distance for each participant is calculated to determine the top finishers. Participants can choose to compete on Saturday or Sunday. Limit of 45 participants each day.



Dirty Spokes Mountain Bike Race

Sunday, April 9
2017

Mark your calendars for 2017!

Dirty Spokes Mountain Bike Race

Sunday, April 9

Conquer Castlewood Team Adventure Race

Sunday, May 21

Ballwin Days Run

Sunday, June 11

Ballwin Triathlon

Sunday, July 16

What is the Ballwin Race Series?

As one of the Ballwin Parks and Recreation Department's goals is to provide outlets for active lifestyles, the Ballwin Race Series evolved from traditional events offered for years with more recently added events. The idea is to create year-round motivation for those looking to stay active and healthy.

All events are designed with every ability level in mind. In addition, participants can compete for overall series awards by earning points for every event completed. The granddaddy event is the annual Ballwin Days Run, first implemented 36 years ago. The Ballwin Triathlon and Conquer Castlewood Team Adventure

Race were added 18 and 16 years ago respectively. With events like these already on the schedule, a fun series for friends to compete against one another was born.

With the addition of five more events over the years, the Ballwin Race Series is currently made up of eight events: The Upside Down Indoor Triathlon, Dirty Spokes Mountain Bike Race, Conquer Castlewood Team Adventure Race, Ballwin Days Run5K/1M, Ballwin Triathlon, Ballwin Kids' Triathlon, Zombie Chase Trail Run, and Moonlight Howl 5K.

Approximately 1,200-1,400 people participate in Ballwin Race Series events each year. Every time participants complete a race, they earn points. Overall male and female winners of each race receive 100 points. All others receive points based off a percentage calculation of the winner's time.

The Ballwin Race Series is a great way to get motivated about getting in shape or just have fun with your friends in a community minded setting.

Businesses can sponsor races which includes the opportunity to be on site at the event and interact with participants. Please contact our department if you are interested in sponsorship opportunities.

Online Registration

To register for a program you see in this guide simply go to www.ballwin.mo.us and click the Online Registration button in the top right hand corner. Sign in with your user ID and password or create one if needed. Call The Pointe's Welcome Desk at 636-227-8950 for additional help.

Photo Policy

The Ballwin Parks and Recreation Department often takes photos of programs, activities and spectators. Please be aware that these photos may be used in future City of Ballwin publications and advertisements.

Inclusion Services

Terri Johnson, CTRS/CPRP, works as the Executive Director of Municipal partners for Inclusive Recreation for Ballwin, Crestwood, Des Peres, Ellisville, Kirkwood, Manchester and Sunset Hills Parks and Recreation Departments. She is responsible for facilitating the inclusion of people with disabilities into our recreation programs. If assistance is needed to participate in a recreation program offered by our department, please call Terri at 314-835-6157 or use Relay Missouri 1-800-735-2966 TTY.

Code of Conduct

The Ballwin Parks and Recreation Department strives to create an atmosphere of respect and courtesy. Appropriate behavior and treatment of others is expected of all department employees, patrons and participants. Physical, mental, verbal or emotional abuse will not be tolerated by anyone visiting a facility or participating in an activity sponsored by the department. Any person acting inappropriately or disrespectfully may be subject to a revocation of the privilege of using department facilities or participating in department activities or programs for a period of time (including a permanent ban) as determined by staff based on the circumstances of a specific incident. Thank you for your cooperation and for making the Ballwin Parks and Recreation facilities safe and enjoyable places to play!

In Case of Oops!

Complete details of program policies, procedures and guidelines are sometimes omitted from this guide because of space limitations. Errors in dates, days, times, registration requirements and fees may occur although we work hard to prevent them. We apologize for any error and thank you for your patience and understanding.

Youth and Adult Events

Youth Events

Kids Night Out

VIP \$10 Reg \$12

Ages: 7-12		The Pointe
Fri, Sept 9	6-9:30 pm	62801-01
Fri, Oct 14	6-9:30 pm	62801-02
Fri, Nov 11	6-9:30 pm	62801-03
Fri, Dec 9	6-9:30 pm	62801-04
Fri, Jan 13	6-9:30 pm	62801-05
Fri, Feb 10	6-9:30 pm	62801-06
Fri, March 10	6-9:30 pm	62801-07

No parents allowed!! Kids will have a blast playing games, doing arts and crafts and swimming. Pizza and drinks will be provided. Preregister online or at The Pointe. Day-of registration will not be taken. Please bring a swimsuit and towel.

Little Goblins Trick or Treat

VIP \$5 Reg \$7

Ages: 1-5		The Pointe
Thurs, Oct 13	10-11:30 am	62001-01

Bring your little one in costume for some Trick or Treating FUN. We will have a spooky scavenger hunt, decorate pumpkins, go trick or treating around The Pointe, play games and have a healthy snack. Parent participation is required.

Babysitting Basics

VIP/Reg \$35

Ages: 12-15		The Pointe
Fri, Oct 21	6- 9 pm	63922-01
Fri, Feb 24	4:30- 7:30 pm	63922-02

This interactive program will teach taking care of baby, kids' ages and stages, keeping things safe, being prepared for emergencies, and first aid. Please bring a regularly sized baby doll to practice baby care skills. A light snack is provided. Program taught by educators from Safety Basics LLC.

Basics of Staying Home Alone

VIP/Reg \$28

Ages: 9-11		The Pointe
Fri, Nov 11	6- 8 pm	63921-01
Sat, Jan 28	9- 11 am	63921-02

Prepare your child to stay home alone for short periods of time. Topics covered include: entering and leaving the house, getting safely to and from school, safe snacks, storm and emergency preparedness, internet safety and simple first aid. Program taught by educators from Safety Basics LLC.

Disco Swim

VIP \$4 Reg \$5

Ages: All		The Pointe
Fri, Jan 6	8- 10 pm	61202-01

Come and boogie down at The Pointe Indoor Pool with disco lights and music. Games and activities will take you back to the 70s. Members are free.

Superhero Training

VIP \$6 Reg \$8

Ages: 2-5		The Pointe
Sat, Jan 14	9-11 am	62011-01

Superheroes of the world unite for Superhero Training! You'll improve your skills through Flash's Obstacle Course, Spiderman's web fight, Captain America's shield toss and vaporizing villains. Come dressed in your coolest superhero outfit!

Lucky Leprechaun Hunt

VIP \$4 Reg \$6

Ages: 2-5		Vlasis Park
Sat, March 11	11 am-12 pm	62703-01

A rainbow appeared and dropped gold coins, and the leprechauns need your help finding them all. There will be extra special coins giving you the chance to win candy and special prizes.



Daddy Daughter Dance

See Family Events like our Daddy Daughter Dance, Family Hayride, Breakfast with Santa and more on page 19. There is something for the whole family!



Adult Events

Oil Painting

Ages: 16 and up	Mondays	The Pointe
Nov 28-Dec 19	7-9 pm	64501-03
Jan 2-Jan 23	7-9 pm	64501-04
Jan 30-Feb 20	7-9 pm	64501-05
Feb 27-March 20	7-9 pm	64501-06

This four week program taught by instructor Peggy Carnes teaches participants how to create oil paintings by focusing on mixing colors. All materials will be provided. Old clothing is recommended. Preregistration is required.

Craft Beer Festival

Ages: 21 and up		VIP/Reg \$30
Sat, Sept 10	4-7 pm	Vlasis Park 54700-01

Back for the third year in a row, this year's festival will feature over 22 brewers and unlimited sampling for all three hours. Food vendors will be on site and Johnny Holzum & Well Hungarians will provide live entertainment for the evening. Tickets are required to sample beer, but everyone is welcome to enjoy the concert in the park.



Lunch and Bingo

Ages: 21 and up		VIP/Reg \$6
Wed, Sept 7	11 am- 1 pm	The Pointe 62601-01
Wed, Oct 5	11 am- 1 pm	62601-02
Wed, Nov 2	11 am- 1 pm	62601-03
Wed, Dec 7	11 am- 1 pm	62601-04
Wed, Jan 4	11 am-1 pm	62601-05
Wed, Feb 1	11 am-1 pm	62601-06
Wed, March 1	11 am-1 pm	62601-07

Join us for lunch, fun, Bingo and prizes! We will play six rounds of Bingo followed by lunch and dessert and then play six more.

Used Book & Bake Sale

Ages: All		VIP/Reg Free
Thurs, Nov 10	Pre Sale \$5	The Pointe 3-8 pm
Fri, Nov 11	Free	8 am- 5:30 pm
Sat, Nov 12	Free	8 a m- 2 pm

Support the Ballwin Historical Commission by buying used books and baked goods at The Pointe at Ballwin Commons. Pre sale admission is \$5, but the rest of the sale is free.

Trivia Night

Ages: 21 and up		VIP/Reg \$160
Fri, Nov 18	6-10 pm	Ballwin Golf Course 63908-01
Fri, March 3	6-10 pm	63908-02

Come out and support Ballwin Parks at a Ballwin Trivia Night. Teams of eight will compete in ten rounds of trivia. The evening will include complimentary beer and soda. Make sure to bring your own snacks. The doors open at 6 pm.

Bridge Club

Ages: 16 and up	Tuesdays	VIP/Reg Free
Sept 6-March 28	10 am-12 pm	The Pointe 62606-01

Bring a partner or come and make new friends every Tuesday from Sept 6 to March 28. Everyone is invited to join, however please note this is not a beginning bridge forum. Coffee donations will be accepted. No need to sign up, just drop in and play.

Bunco

Ages: 21 and up	Mondays	VIP/Reg Free
Sept 12-March 13	12:30-3:30 pm	The Pointe 62607-01

The Bunco Club meets on the second Monday of each month. If you've never played, you can learn quickly. Each afternoon you will move from table to table, so you'll get to socialize with everyone playing.

Lafayette Older Adults

Ages: 55 and up	Mondays	VIP/Reg \$2
Sept 12-May 8	10 am-1 pm	Ballwin Golf Course 62661-01

Are you interested in making new friends, hearing great speakers, going on exciting day trips or playing Bingo? If you are 55 or older, LOAP is a great group for you to join. Meetings take place September 12 through May 8 on the second and fourth Mondays of the month. Free coffee, tea, soda, and desserts are provided, all you need to bring is a sack lunch and \$2 to be paid at each meeting. You do not need to preregister.

Denim & Diamonds

Ages: 50 and up		VIP \$20 Reg \$25
Thurs, March 23	5-7 pm	Ballwin Golf Course 62702-01

Kick up your spurs and join the Ballwin Parks and Recreation Department for a boot scootin' boogie fun time. We will have dinner and dessert along with music, to dance the night away.

Youth and Adult Sports

Youth Sports

Start Smart Program

Ages: 3-5	Wednesdays	The Pointe	
Sept 7-Oct 12	5:30-6:30 pm	65806-01	Basketball
Jan 4-Feb 8	5:30-6:30 pm	65806-02	Football
March 8-April 12	5:30-6:30 pm	65806-03	Baseball

VIP \$35 Reg \$45

The Start Smart sports program is an age appropriate program where parent and child work together to learn the basics of the sport in a fun and safe environment.

Tennis: Future Stars

Ages: 4-6	Saturdays	Vlasis Park
Sept 17-Oct 22	10-10:30 am	65809-01

VIP \$30 Reg \$33

Under the direction of a tennis instructor clinics will focus on using age appropriate techniques and equipment to teach stroke fundamentals, skill development and fun.

Tumbling Tykes

Ages: 4-6	Mondays	The Pointe
Sept 19-Oct 24	6:30-7:15 pm	64901-01
Nov 7-Dec 12	6:30-7:15 pm	64901-02
Jan 2-Feb 6	6:30-7:15 pm	64901-03
Feb 20-March 27	6:30-7:15 pm	64901-04

VIP \$34 Reg \$44

Children will be introduced to gymnastics through fun activities that teach body control, agility, strength and balance.

This class focuses on keeping your child moving in a fun atmosphere. We will play games and activities to build confidence, promote physical well-being and enhance social skills.



Tennis: Jr. Beginners

Ages: 7-10	Saturdays	Vlasis Park
Sept 17-Oct 22	11 am-12 pm	65811-01
Ages: 11-15	Saturdays	Vlasis Park
Sept 17-Oct 22	12 pm-1 pm	65812-01

VIP \$45 Reg \$50

The focus will be on personal attention to stroke fundamentals, skill development and match play.

Little Strikers Soccer

Ages: 4-6	Saturdays	The Pointe
Sept 17-Oct 22	9-11 am	65802-01

VIP \$55 Reg \$65

The 3 v 3 game format and small teams guarantee more playing time and touches on the ball for players. The first Saturday, teams will practice and spend time getting to know each other. Each Saturday thereafter teams will practice for the first half hour and then play a game. The league fee includes a team shirt and matching soccer socks. Ask about volunteer coaching!

Soccer Shots

Ages: 6-9	Tuesdays	The Pointe
Feb 21-March 28	6-7 pm	65800-01

VIP \$45 Reg \$50

This program lets you start young and is lead by a qualified soccer instructor who will teach the fundamentals of passing, dribbling and shooting through fun drills and scrimmages.

Homeschool PE

Ages: 7-12	Wednesdays	The Pointe
Sept 7-28	1-2:30 pm	65901-01
Oct 5-26	1-2:30 pm	65901-02
Nov 2-30	1-2:30 pm	65901-03
Dec 7-21	1-2:30 pm	65901-04
Jan 4-25	1-2:30 pm	65901-05
Feb 1-22	1-2:30 pm	65901-06
March 1-29	1-2:30 pm	65901-07
April 5-26	1-2:30 pm	65901-08
May 3-17	1-2:30 pm	65901-09

Varied Pricing

This physical activity class is designed to provide home school students the opportunity to participate in group activities including sports, fitness, health and wellness programs. Monthly fees vary based on the number of weeks. A 15% discount is available for each additional child if you register two or more children from the same household.

Adult Sports

Tippi Toes Dance

Tiny Toes

Ages: 1-3	Saturdays	The Pointe
Sept 17-Oct 22	9-9:30 am	63950-01
Nov 5-Dec 17*	9-9:30 am	63950-02

*No Class Nov 26

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. Our certified teachers will keep the music and curriculum moving. Visit www.tippitoesdance.com to learn more or come try a free session on 9/10 or 10/29 at 9 am.

Ballet/Tap

Ages 3-7	Saturdays	The Pointe
Sept 17-Oct 22	9:45-10:30 am	63951-01
Nov 5-Dec 17*	9:45-10:30 am	63951-02

*No Class Nov 26

This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. Highly energetic music is used throughout the class to get dancers moving and having fun. Visit www.tippitoesdance.com to learn more or come try a free session on 9/10 or 10/29 at 9:45 am.

Taekwondo

Ages: 6 and up	Wednesdays	The Pointe
----------------	------------	------------

Beginner

Sept 28-Nov 2	6:30-7:30 pm	63803-01
Nov 9-Dec 21*	6:30-7:30 pm	63803-02
Jan 4-Feb 8	6:30-7:30 pm	63803-03
Feb 15-March 22	6:30-7:30 pm	63803-04

Intermediate

Sept 28-Nov 2	7:30-8:30 pm	63804-01
Nov 9-Dec 21*	7:30-8:30 pm	63804-02
Jan 4-Feb 8	7:30-8:30 pm	63804-03
Feb 15-March 22	7:30-8:30 pm	63804-04

*No Class: 11/23

Students learn respect, responsibility and discipline in addition to basic hand and foot techniques. Intermediate Taekwondo is for yellow belt students and above. This program is a great family activity as it is designed for kids and adults. A uniform is purchased from the instructor for \$45.



Ballwin Parks and Recreation
The Pointe at Ballwin Commons
Ballwin Golf Course and Club



@BallwinParksRec



BallwinParksandRecreation

VIP \$75 Reg \$85

Tennis Adult Beginners

Ages: 16 and up	Saturdays	Vlasis Park
Sept 17-Oct 22	9-10 am	65301-01

This is a beginning tennis clinic focusing on personal attention, stroke fundamentals, skill development, match play and more.

Tai Chi

Ages: 14 and up		The Pointe
-----------------	--	------------

Thursdays

Sept 29-Nov 17	1-2 pm	63415-01
Dec 1-Feb 2*	1-2 pm	63415-02
Feb 9-March 30	1-2 pm	63415-03

*No Class: 12/22,12/29

Sundays

Oct 2-Nov 20	1:30-2:30 pm	63416-01
Dec 4-Feb 5*	1:30-2:30 pm	63416-02
Feb 12-April 2	1:30-2:30 pm	62316-03

*No Class: 12/25,01/01

Tai Chi is a moving Qigong, moving meditation, moving Yoga and traditional Chinese martial arts. Students will learn the basic form of Yang Style Tai Chi. Tai Chi exercise improves circulation, stability and overall health. Classes are led by Master Arthur Du. Beginners and experienced participants are welcome. Choose Sundays or Thursdays for this weekly class.

Adult Coed Volleyball

Ages: 16 and up	Thursdays	The Pointe
Oct 27-Jan 12	6:30-9:30 pm	65302-02
Jan 19-March 16	6:30-9:30 pm	65302-03

Fridays

Oct 28-Jan 13	6:30-9:30 pm	65302-05
Jan 20-March 17	6:30-9:30 pm	65302-06

Gather a team for our Rec Volleyball League. Matches will be played at 6:30, 7:30 and 8:30 pm on Thursday or Friday nights. Matches will consist of three games with a one hour time limit. Each team will be guaranteed 8 games with a single elimination tournament.

Pickleball - Open Play

Ages: 14 and up		The Pointe
Mon,Wed,Fri	9 am-1 pm	5 courts
Sat	4-7:30 pm	3 courts

Pickleball at The Pointe is a drop in program included with the cost of a daily admission or membership. We have a mix of beginner and intermediate players, and our regulars are happy to teach new comers the fastest growing sport in the US. The listed hours are in effect from August 15, 2016 until April 29, 2017.

VIP \$45 Reg \$50

VIP \$109 Reg \$129

VIP \$140 Reg \$160

VIP/Reg Free

Ballwin Golf Course and Club

Golf For Women

Ages: 14 and up Tuesdays
Aug 16-Sept 13 6-7 pm
Sept 20-Oct 18 6-7 pm

VIP \$79 Reg \$85

60006-01
60006-02

This program is designed to get new, women golfers "Golf Ready" in five fun sessions. Chipping and putting, full swing with irons and woods, and rules will all be covered. Day one is at the Ballwin Golf Course with all remaining sessions are held at the Big Bend Golf Center. Please bring \$10 for practice balls to the sessions at Big Bend.

Get Golf Ready Adults

Ages: 18 and up Saturdays
Aug 27-Oct 1 9-10 am

VIP \$79 Reg \$85

Big Bend Golf Center
60005-01

This course will teach you to play golf and be ready to join your friends on the course. During these sessions we will cover: rules and etiquette, stance and grip, putting, chipping and full swing. Clubs can be provided at no extra cost for the lessons; just let us know! All classes are conducted by David Furlong, a Golf Digest "Top Ten in State" instructor. Sessions will be held at the Big Bend Golf Center, located behind Mobil On The Run at the intersection of Big Bend and Dougherty Ferry Roads. Please bring money for purchasing range balls (medium bucket is \$10/ large \$15) for each session.

City Championship

Ages: 21 and up
Sat, Sun Sept 24-25 9 am

Call for Pricing

Ballwin Golf Course
60105-01

The Ballwin City Championship is a 36 hole individual stroke play event. Pricing includes 36 holes of golf with cart, prizes and tournament lunches.

Turkey Bowl Scramble

Ages: 18 and up
Sat, Nov 5 10 am

VIP/Reg \$165

Ballwin Golf Course
60600-01

The Turkey Bowl is a 3 person, 18 hole scramble tournament. The entry fee covers 18 hole greens fees and riding cart, beverage and lunch, as well as prizes. There will be three flights.

Private Golf Lessons

Ages: Any By Appointment Ballwin Golf Course

If you're ready to take your game to the next level, consider taking private lessons with our Golf Pro Dave Furlong. Dave will tailor the lesson to fit your needs and help you become more confident in your golf game. Visit www.ballwin.mo.us for pricing, then purchase lessons at the Pro Shop.

Winter Hours

Our course is open year-round so don't let your golf game suffer in colder temperatures. Head to www.ballwin.mo.us to check hours and then book your tee time. We will see you this winter!



Planning an event? Ballwin Parks and Recreation has the facility for you!

636.227.8950
www.ballwin.mo.us

Reserve your space today for weddings, birthdays, reunions, meetings, anniversaries, sports teams, and more!



Hours of Operation

September	November
Weekdays 7:00 am	Weekdays 9:00 am
Weekends 6:30 am	Weekends 7:30 am
October	December
Weekdays 7:00 am	Weekdays 9:00 am
Weekends 7:00 am	Weekdays 8:30 am

*No equipment is allowed to go out 2 hours and fifteen minutes prior to sunset. See our website for more upcoming hours.



VIP = A Ballwin resident with a current resident ID card, or Pointe/Pointe Plus members. All Pointe Plus members receive resident rates on all golf prices. Reg = Anyone without a membership or valid resident ID.

Book Your Tee Time Online

Residents with a valid resident ID card or Pointe membership can book weekend tee times starting on Wednesday at noon, non residents may book their times for the weekend starting on Thursday at noon. Head to www.ballwin.mo.us to schedule your time on the course today!



Junior Golf Clinics

VIP \$69 Reg \$75

Beginner

Ages: 8-17	Saturdays	Big Bend Golf Center
Aug 27-Oct 1	10-11 am	60003-01

Intermediate

Aug 17-Sept 7	Wednesdays	Big Bend Golf Center
	4-5 pm	60004-01

Get Golf Ready is designed to get juniors on the course in four easy lessons. Rules and etiquette, grip and stance, alignment, putting and short shots, full swing and strategy will all be covered. The intermediate level is designed for those who have attended a previous clinic and are ready to cover swing mechanics, course strategy and more. Clubs can be provided at no additional charge. Each participant will need to bring \$10 to each session for range balls.

Ballwin Golf Course Open House

Ages: All
Sat, April 1

Our second annual Open House is a way to say thank you for choosing the Ballwin Golf Course. All day you can buy one 9 hole round of golf and get one FREE. So, bring a friend and enjoy our beautiful course as well as complimentary food and beverages as we enter the 2017 golf season.

	9 Holes	18 Holes
Weekdays		
Res	\$13	\$19
Res Sr/Jr	\$11	\$17
NR	\$16	\$25
NR Sr/Jr	\$15	\$24
Weekend/Holidays		
Res	\$14	\$21
Res Sr/Jr	\$12	\$19
NR	\$16	\$25
NR Sr/Jr	\$16	\$25
Cart (9 holes) \$7		
Pull Cart \$2		
Book your tee time online at www.ballwin.mo.us or call the Pro Shop at 636-227-1750. <i>Sr. 62 and older, Jr. 17 and under</i>		

Ballwin Banquet Center

Rental Rates
Monday-Thursday \$200
Friday & Sunday \$500
Saturday & Holidays \$600

Seating capacity is 220. The Golf Club features round tables, an elevated stage for a head table, dance floor, full kitchen and bar. The rental fee includes bartenders, set-up and breakdown of tables and chairs, and clean-up following the event.

For additional information or to reserve a date please call 636-207-2355.

Stay CONNECTED

News on the 9th

Our newsletter will be delivered to your in-box on the 9th of each month with information about upcoming events, promotions, golfing tips and more. Sign up at www.ballwin.mo.us.

Facebook Page



Find the Ballwin Golf Course and Club on Facebook and share your experience at the course with us!

Swimming Lessons & Indoor Pool

Adult Group Swim Lessons

Ages: 15 and up	Saturdays	The Pointe
Sept 17-Oct 22	9:30-10:10 am	61107-01
Nov 5-Dec 17*	9:30-10:10 am	61107-02
Jan 7-Feb 25	9:30-10:10 am	61107-03
March 25-May 13	9:30-10:10 am	61107-04

*No Class Nov 26

VIP \$49 Reg \$59

Do you want to learn the basics and become more comfortable in the water? Then this class is for you. The instructors will tailor the lessons to meet your needs.

Private Swim Lessons

One-on-one lessons are always an option at The Pointe. Fill out a request form at The Pointe's Welcome Desk and select a variety of days and times that may work for you. We will notify you within two weeks when we've matched an instructor to fit your individual needs. Private lessons may be for kids or adults.

Little Splashers

Ages: 5 and under	Tues/Thurs	The Pointe
Aug-April	10:30-11:30 am	Members FREE!

This time is just for the young ones. Guardians must be in swim attire and located in or around the pool's edge. Play area is restricted to the children's play structure only. Adults are free.

VIP \$4 Reg \$5

Red Cross Lifeguarding

Ages: 15 and up		The Pointe
Oct 14-23	61201-01	Various Hours
Dec 9-18	61201-02	Various Hours
Feb 24-March 5	61201-03	Various Hours
March 31-April 9	61201-04	Various Hours

This Red Cross course will provide the skills and knowledge to prevent, recognize and respond to emergencies. Participants must complete a prerequisite three-part skills assessment. The class will meet 6-9 pm on one Friday and 9 am-6 pm on two Saturdays and Sundays. For additional information contact the Aquatics Department at 636-227-8950 or online.

Ballwin Swim Club Practice

Ages: 5-18		The Pointe
Mon, Wed	6:30-7:30 pm	61108

This recreational swim club is a non-competitive swim program, offering swimmers ages 5-18 the ability to expand their swimming skills, refine their strokes and stay in shape. Whether you are looking for a program to have fun with or to stay in shape between summer swim team sessions, this club is for you! Must have previous swim team experience or take a pre-test to participate. Price is per month, but you may also pay a drop in fee. The group meets September-March.

VIP \$140 Reg \$165

Ages: 15 and up		The Pointe
Oct 14-23	61201-01	Various Hours
Dec 9-18	61201-02	Various Hours
Feb 24-March 5	61201-03	Various Hours
March 31-April 9	61201-04	Various Hours

VIP \$55 Reg \$65

Indoor Pool Schedule: Begins Aug 15

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	8 am-5:30 pm	5:30-8:00 am 11:30-1:30 pm 3:30-8:30 pm (1 lane 6:30-7:30)	5:30-8:00 am 11:30-1:30 pm 7:45-8:30 pm	5:30-8:00 am 11:30-1:30 pm 3:30-8:30 pm (1 lane 6:30-7:30)	5:30-8:00 am 11:30-1:30 pm 7:45-8:30 pm	5:30-8:00 am 11:30-1:30 pm 3:30-8:30 pm	7:00-8:00 am 12:00-7:30 pm
Open Swim	11 am-5:30 pm	4:30-8:30 pm		4:30-8:30 pm		4:30-8:30 pm	12:00-7:30 pm
Swim Lessons			4:15-6:45 pm		4:15-6:45 pm		9:30 am-12 pm
Spa	8 am-5:30 pm	5:30-8:00 am 8:20-1:30 pm 3:30-8:30 pm	5:30-8:00 am 8:20-1:30 pm 6:45-8:30 pm	5:30-8:00 am 8:20-1:30 pm 3:30-8:30 pm	5:30-8:00 am 8:20-1:30 pm 6:45-8:30 pm	5:30-8:00 am 8:20-1:30 pm 3:30-8:30 pm	7:00-9:20 am 12:00-7:30 pm
Water Aerobics		8:30 am: Aerobics 9:30 am: Aerobics 10:30 am: Joints in Motion	8:30 am: Aerobics 9:30 am: ABLT 6:45 pm: Aerobics	8:30 am: Aerobics 9:30 am: Aerobics 10:30 am: Joints in Motion	8:30 am: Aerobics 9:30 am: ABLT 6:45 pm: Aerobics	8:30 am: Aerobics 9:30 am: Aerobics 10:30 am: Joints in Motion	<i>Combo</i> 8:00 am: Aerobics 8:45 am: Toning
Little Splashers			10:30-11:30 am		10:30-11:30 am		
Ballwin Swim		6:30-7:30 pm		6:30-7:30 pm			

Hiring Lifeguards

Ballwin Parks and Recreation is always seeking qualified lifeguards year round. We offer great incentives, competitive pay, and continuing education for all lifeguard staff and swim instructors. Pick up an application online or at The Pointe at Ballwin Commons Welcome Desk.

Which Swim Lessons Do I Register For?

Seahorses (Ages 3 and under)

This 30 minute lesson gets the parents involved. The focus is to get the children comfortable in the water with the help and support of an adult family member. All of this is done through songs, games and fun activities the young ones will enjoy. A parent **MUST** be in the water with the child.

Tadpoles (Ages 3-7)

This 30 minute class is designed to get you comfortable in the water, away from the parents, and to develop good swimming habits, and safe water practices in the water. This is all done while learning the basics of going under water, floating, gliding, and the arm/leg actions they will incorporate in future levels. Most of the skills are done with support by the instructor or flotation device.

Clownfish (Ages 3-7)

Now you can start to really have fun by learning to swim on your own. This 30 minute class is designed to slowly get rid of the supports and teach you to be more independent in the water by swimming on your own. This class will build on the skills learned in Tadpoles.

Stingrays (Ages 3-7)

You are swimming all by yourself now. But practice makes perfect and that's what this level is designed to do. This 40 minute class will focus on refining the strokes you've already learned so you can swim farther while also teaching you a few new tricks to put up your fin.

Sea Turtles (Ages 8-16)

Designed with the older kids in mind, this 30 minute class will teach you good swimming habits and safe water practices in and around the water. This is achieved all while learning the basic skills needed to swim on your own. The focus is to have you swimming short distances all on your own.

Sword Fish (Ages 8-16)

This 40 minute class is designed to build on what you have learned as a Sea Turtle. So pull out your sword and get ready to fight that water and swim farther. This class will focus of refining the strokes you've already learned while teaching you a few new things that will allow you to go the distance.

Barracudas (Ages 4-16)

You are a lean, mean, swimming machine now and nothing can stop you. This is a pre-competitive, 40 minute class focused on refining your strokes even farther, increasing your swimming endurance, learning new strokes as well as flip turns, all to prepare you for a club swim team such as the Ballwin Blue Dolphins Swim and Dive Team or for swimming fun you can enjoy the rest of your life.

Pointe Swim Lessons

VIP \$49 Reg \$59

Seahorses	Ages 0-3	61100
Tadpoles	Ages 3-6	61101
Clownfish	Ages 3-6	61102
Stingrays	Ages 3-6	61103
Sea Turtles	Ages 7-16	61104
Sword Fish	Ages 7-16	61105
Barracudas	Ages 4-16	61106

Registration opens two weeks before each session begins. Each session is composed of 8 lessons.

Sessions

Sept 13-Oct 6

Sept 17-Oct 22

Oct 18-Nov 10

Nov 5-Dec 17*

Nov 29-Dec 22

Jan 3-26

Jan 7-Feb 25

Feb 7-March 2

March 21-April 13

March 25-May 13

*No class November 26

Days and Times

Tue, Thurs 4:30, 5:15, or 6 pm

Saturdays 9:30, 10:15 or 11 am

Tues,Thurs 4:30, 5:15 or 6 pm

Saturdays 9:30, 10:15 or 11 am

Tues, Thurs 4:30, 5:15 or 6 pm

Tues, Thurs 4:30, 5:15 or 6 pm

Saturdays 9:30, 10:15 or 11 am

Tues, Thurs 4:30, 5:15 or 6 pm

Tues, Thurs 4:30, 5:15 or 6 pm

Saturdays 9:30, 10:15 or 11 am

Please Remember These Pool Rules:

- Only flotation devices with a printed label indicating US Coast Guard Approved are allowed.
- Hot tub users must be at least 16 (or 12 with parent present)
- You must be at least 48 inches to use the slide
- Swim diapers **MUST** be worn by toddlers and children who are not fully potty trained.
- Children 8 and under must be with someone 14 +
- Rafts, tubes, frisbees, torpedoes, tennis balls, water guns and mermaid tails are not allowed.
- If lightning is seen or thunder is heard all bodies of water will be cleared for at least 30 minutes.



Ballwin Community

Coffee with a Cop

Ages: All
Mon, Feb 27

The Ballwin Police Department invites you to enjoy coffee with a cop at The Wolf Café. Get to know the officers protecting your home and community and show your appreciation for their service.



Ballwin Bucks

Load any dollar amount on to your Ballwin Parks and Recreation key fob for your convenience. Ballwin Bucks can be redeemed at The Pointe, North Pointe or the Ballwin Golf Course. Purchase your Ballwin Bucks at The Pointe or North Pointe Aquatic Center. If lost or stolen there is a \$5 replacement fee.

Shop Ballwin First

Ballwin is a community of many interests; however, we have one thing in common: shopping in Ballwin not only helps business owners and their employees stay viable, but contributes sales tax dollars to the city for essential services we all depend on.

To encourage our residents to support local businesses, we've developed a Shop Ballwin First initiative. Now, convenience isn't the only reason to shop locally.

Your key fob, whether a membership or a Resident ID, will get you great discounts at Ballwin businesses. Over 50 businesses participate and offer you deals such as 10% off a purchase, \$5 off a meal, free dessert or free soda with a purchase, a free month trial, or 20% off services. Visit www.ballwin.mo.us for a list of Shop Ballwin First participating businesses, or look for the Business Passport sticker in the window. Ask your favorite spots to join if they aren't already part of the program. Contact our department for more information about joining.

VIP/Reg Free

Wolf Café
7-9 am

Looking to the future: Ballwin Life Magazine

This is the last Ballwin Parks and Recreation Guide that will be printed in the current format. Going forward, the City of Ballwin will issue a publication quarterly to all Ballwin residents and non resident Pointe members. The Ballwin Life Magazine will be mailed to every Ballwin household free of charge. It will include important information you need to know about public works projects, police announcements, parks and recreation events, budget information and ballot topics. You may continue picking up a copy of this publication at The Pointe at Ballwin Commons. If your business would like to advertise in this publication please visit www.ballwin.mo.us for more information.

Refund Policies

- Birthday parties and rental fees will be refunded if a notice of cancellation is given in writing a minimum of fourteen days prior to the rental. A \$5 surcharge will be assessed. If thirteen days or less, NO REFUNDS, will be issued. The option to change dates with a \$25 processing fee will be available.
- A full refund will be made to registrants if a program is canceled.
- A full or pro-rated refund will be issued if a registrant cannot participate in a class/program due to a documented medical issue. A doctor's note must be submitted at the time of request and a \$5 surcharge will be assessed.
- If a written cancellation is received a minimum of one week prior to the start of the class/program, a \$5 surcharge will be assessed.

Shop Ballwin First



Ballwin Business Passport Participant

Family Events

Hold the Line for 302

Ages: All
Fri, Sept 16 6:30-11 pm

Join the City of Ballwin for an official fundraiser for Ballwin Police Officer Mike Flamion. Entertainment will be provided by Willie & the Poor Boys. The event will feature a silent auction, food, drinks, a 50/50 raffle, kids' activities and more.

VIP/Reg Free

Vlasis Park



Potluck Social

Ages: 21 and up
Wed, Sept 28 11 am-1:30 pm

Our department will supply the hotdogs, drinks, chips and games at this potluck social. If you have a fun game from home to play, feel free to bring it with you. Please bring a side dish or dessert to share.

VIP \$5 Reg \$7

The Pointe
62301-01

Family Hayride

Ages: 3 and up
Sat, Oct 8 5:30 pm
Sat, Oct 8 6 pm
Sat, Oct 8 6:30 pm

Come join us for a hayride in Castlewood State Park, a chili and hotdog dinner, and donuts and cider for dessert. Roast marshmallows by the fire while listening to special guest, Babaloo perform. We will be meeting at the Horse Trailer turnaround.

VIP \$10 Reg \$12

Castlewood Park
65701-01
65701-02
65701-03

Family Bingo Night

Ages: 3 and up
Thurs, Nov 10 6-7:30 pm

Back by popular demand, the Ballwin and Manchester Parks and Recreation Departments are co-hosting a Family Bingo Night. Participants must preregister. The program fee includes Bingo with prizes, a pizza dinner, popcorn and soda.

VIP/Reg \$6

Ballwin Golf Course
62613-01



Ballwin Parks and Recreation
The Pointe at Ballwin Commons
Ballwin Golf Course and Club



@BallwinParksRec



BallwinParksandRecreation

Breakfast With Santa

Ages: All
Sat, Dec 10 9:30-11:30 am

Santa will be visiting the Ballwin Golf Course for breakfast! Join us for donuts, fresh fruit, crafts, cookie decorating and of course pictures with Santa. Please preregister all family members who will be eating breakfast.

VIP \$8 Reg \$10

Ballwin Golf Course
64703-01

Party at The Pointe

Ages: All
Fri, Dec 30 6-9:30 pm

Come and celebrate the new year with us at the first annual Party at The Pointe. Party-goers can enjoy music, refreshments, face painting, splash and swim in the pool, relax with a movie, play carnival games, inflatables and more. The Pointe Activity Room will be open for entertaining activities including a rock climbing wall.

VIP \$3 Reg \$4

The Pointe
60001-01

Daddy Daughter Dance

Ages: 3 and up
Fri, Feb 10 6-8:30 pm
Sat, Feb 11 6-8:30 pm

The sweetheart in your life is ready for a special evening! Daddy and daughters will enjoy dinner, dancing and crafts. Each participant needs to register. **The last day to register is January 27.**

VIP \$20 Reg \$25

Ballwin Golf Course
62704-01
62704-02

Art Display Case

The Parks and Recreation Department is seeking talented local artists to display their artwork in the Ballwin Art Commission's display case at The Pointe at Ballwin Commons. Artwork may be labeled with a price if the artist wishes to sell his or her pieces. Interested artists may contact Communication Specialist Kirsten Hochstetler for more information at 636-207-2359 or khochstetler@ballwin.mo.us.

VIP/Reg Free

Winter Lights Contest

Ballwin residents can submit a photo of their home decorated in holiday lights for a chance to be featured in the first issue of the new Ballwin Life Magazine. Photos must be submitted digitally between November 25 and December 5 at 3 p.m. Voting by the public will begin December 6 and end December 11 at midnight. For complete details and contest rules please visit our website at www.ballwin.mo.us

VIP/Reg Free

Calendar of Events

August

- 16 Golf for Women
- 17 Jr. Golf Clinic
- 21 Conquer Castlewood
- 27 Get Golf Ready-Adults
- 27 Jr. Golf Clinics

September

- 3 Movie at the Golf Course
- 6 Dog Swim
- 7 Lunch & Bingo
- 7 Start Smart-Basketball
- 9 Kid's Night Out
- 10 Ballwin Craft Beer Festival
- 13 Swimming Lessons
- 16 Hold the Line for 302
- 17 Adult Group Swim Lessons
- 17 Little Strikers Soccer
- 17 Tennis Clinics
- 17 Tippiie Toes Dance
- 18 Kid's Triathlon
- 19 Tumbling Tykes
- 19 Basic Training
- 20 Golf for Women
- 21 Taekwondo
- 24 Pointe Open House
- 24 Health and Wellness Day
- 24-25 Golf: City Championship
- 26 Oil Painting
- 28 Potluck Social
- 29 Tai Chi

October

- 2 Tai Chi
- 5 Lunch & Bingo
- 8 Family Hayride
- 8 Zombie Chase
- 13 Little Goblins Trick or Treat
- 14 Red Cross Lifeguarding
- 14 Kid's Night Out
- 18 Swimming Lessons
- 21 Babysitting Basics
- 27/28 Adult Coed Volleyball League

November

- 2 Lunch & Bingo
- 4 Moonlight Howl 5k
- 5 Adult Group Swim Lessons
- 5 Golf: Turkey Bowl Scramble
- 5 Swimming Lessons
- 5 Tippiie Toes Dance
- 7 Basic Training
- 7 Tumbling Tykes
- 9 Taekwondo
- 10-12 Used Book Sale
- 10 Family Bingo Night
- 11 Kid's Night Out
- 11 Basics of Staying Home Alone
- 18 Trivia Night
- 28 Oil Painting
- 29 Swimming Lessons

December

- 1 Tai Chi
- 4 Tai Chi
- 7 Lunch & Bingo
- 9 Red Cross Lifeguarding
- 9 Kid's Night Out
- 10 Breakfast with Santa
- 30 Party at The Pointe

January

- 2 Oil Painting
- 2 Tumbling Tykes
- 3 Swimming Lessons
- 4 Lunch & Bingo
- 4 Start Smart-Football
- 4 Taekwondo
- 6 Disco Swim
- 7 Adult Group Swim Lessons
- 7 Pointe Open House
- 9 Basic Training
- 13 Kid's Night Out
- 14 Super Hero Training
- 19/20 Adult Coed Volleyball League
- 21-22 Upside Down Indoor Triathlon
- 28 Basics of Staying Home Alone
- 30 Oil Painting

February

- 1 Lunch & Bingo
- 7 Swimming Lessons
- 9 Tai Chi
- 10 Kid's Night Out
- 10/11 Daddy Daughter Dance
- 12 Tai Chi
- 15 Taekwondo
- 20 Basic Training
- 20 Tumbling Tykes
- 21 Soccer Shots
- 24 Babysitting Basics
- 24 Red Cross Lifeguarding
- 27 Oil Painting

March

- 1 Lunch & Bingo
- 3 Trivia Night
- 8 Start Smart-Baseball
- 10 Kid's Night Out
- 11 Lucky Leprechaun Hunt
- 23 Denim & Diamonds
- 21 Swimming Lessons
- 25 Adult Group Swim Lessons
- 25 Swimming Lessons
- 31 Red Cross Lifeguarding

Don't miss out on any of our events by signing up for our bi-monthly newsletter. Head to our website, www.ballwin.mo.us and click on "newsletter signup" today!



Creating community through people, parks and programs.

www.ballwin.mo.us | 636-227-8950